

Wheelin' Wednesdays!

A series of **FREE BICYCLING WORKSHOPS** for county employees and the public. Hands-on skills and safety training for bicycling to work, school, the grocery store, friends, lunch, or other locations.



Fix-a-Flat!

May 27, 12:10-12:50 pm
Community Wellness Center
908 7th Street, Eureka

Fix a flat tire in less than 5 minutes. Bring your bike, a wheel, or fix one of ours. Learn to use a patch kit and tire irons, and leave with a complimentary set.

What about my stuff?

June 17, 12:10-12:50 pm
Humboldt Bay Municipal Water District
828 7th Street, Eureka



Wondering how to transport your work-clothes, groceries, or basketball?
Learn how to pack so you arrive at your destination on time and looking great!

Led by League of American Bicyclist certified instructors:

Chris Rall of Green Wheels, LCI# 2339

Melanie Williams of Humboldt Partnership for Active Living, LCI# 2338

RSVP encouraged but not required

Contact Dorina Espinoza at despinoza@co.humboldt.ca.us or 441-5549

*Bicycle Workshops Sponsored by the Safe and Sustainable Transportation Team:
Humboldt County DHHS Public Health Branch, HumPAL, Green Wheels*

ADA Statement: The County does not discriminate on the basis of disability in services, programs, activities, or employment. Persons with disabilities requiring special assistance or accommodations should call 707-268-2132.