

# Wheelin' Wednesdays!

A series of **FREE BICYCLING WORKSHOPS** for county employees and the public. Hands-on skills and safety training for bicycling to work, school, the grocery store, friends, lunch, or other locations.



## **Bicycling in Traffic!**

**August 26, 12:10-12:50 pm**  
**Community Wellness Center**  
**908 7th Street, Eureka**

Learn how to ride on the road with motorized vehicles, proper lane positioning, and other crucial techniques for safer, more enjoyable cycling in traffic.

### **Led by League of American Bicyclist certified instructors:**

Chris Rall of Green Wheels, LCI# 2339

Melanie Williams of Humboldt Partnership for Active Living, LCI# 2338

RSVP encouraged but not required

Contact Dorina Espinoza at [despinoza@co.humboldt.ca.us](mailto:despinoza@co.humboldt.ca.us) or 441-5549

*Bicycle Workshops Sponsored by the Safe and Sustainable Transportation Team:  
Humboldt County DHHS Public Health Branch, HumPAL, Green Wheels*

*ADA Statement: The County does not discriminate on the basis of disability in services, programs, activities, or employment. Persons with disabilities requiring special assistance or accommodations should call 707-268-2132.*