

Wheelin' Wednesdays!

A series of **FREE BICYCLING WORKSHOPS** for county employees and the public. Hands-on skills and safety training for bicycling to work, school, the grocery store, friends, lunch, or other locations.



Want Your Bike to Obey You?

September 23, 12:10-12:50 pm

**Humboldt Bay Boat Ramp Parking Lot
(off Waterfront Drive under the Samoa Bridge)**

In this parking lot session, you will learn bike handling techniques that will make your cycling safer and more responsive whatever the situation. Bring your functional bike and a helmet.

Led by League of American Bicyclist certified instructors:

Chris Rall of Green Wheels, LCI# 2339

Melanie Williams of Humboldt Partnership for Active Living, LCI# 2338

RSVP encouraged but not required

Contact Dorina Espinoza at despinoza@co.humboldt.ca.us or 441-5549

*Bicycle Workshops Sponsored by the Safe and Sustainable Transportation Team:
Humboldt County DHHS Public Health Branch, HumPAL, Green Wheels*

ADA Statement: The County does not discriminate on the basis of disability in services, programs, activities, or employment. Persons with disabilities requiring special assistance or accommodations should call 707-268-2132.

